ChangeFire Medical Internship is a program that provides opportunities in global healthcare service, adventure, and personal growth.

ChangeFire linked my passion for traveling with my career in medicine, and helped me develop a better understanding of healthcare conditions in underserved countries. I can’t recommend a better program to participate!

— Takashi, Texas A&M College of Medicine Class of 2017

This program gave me the opportunity to travel abroad, immerse myself in different cultures, and develop skills that is necessary for a medical student.

— Eric, University of California, Los Angeles Class of 2014

**Trip Overview**

**GLOBAL HEALTHCARE SERVICE**

Providing sustainable healthcare service abroad is at the heart of our program. Share your knowledge and develop your leadership and communication skills:

- **Teaching:** Teach proper techniques in providing basic emergency medical treatments to local healthcare providers and residents.
- **Shadow Physicians:** Learn about how physicians treat their patients in Belize while working alongside doctors in a local hospital.

**ADVENTURE**

Dive into the local culture and the incredible landscapes.

- **Zip-Line Canopy Tour:** Enjoy a full day of zip-lining through the rainforests of Belize.
- **Mayan Ruins:** Take a hike to the Ancient Mayan Ruin of Santa Rita.
- **Corozal Town:** Explore the peaceful Belizean town of Corozal and experience its deep history and culture.

**PERSONAL GROWTH**

Learn how to immerse yourself into a brand new culture and broaden your view.

- **Education:** Learn important skills in global health, emergency medicine, and ways to enhance medical school applications from a U.S. medical student.
- **Leadership:** Each student will be assigned a directorship role. Learn important leadership skills while volunteering abroad.

**Lifetime Skills, Qualities, and Experience**

Every volunteer has the opportunity to acquire the following experiences from this program:

- Leadership roles assigned for every volunteer
- Basic Emergency Medical Care (BEMC)
- Healthcare education/teaching experience
- Volunteer experience in underserved communities
- Global health development experience
- Cultural exchange opportunities
- Foreign language
- Medical school application enhancement

---

**Length of Trip:** 7 days

**Community Service Credit:** 30 Hrs

**Date:** Saturday, December 14 – Friday, December 20

**Internship Cost:** $1,750 *Does not include flight*

**Average Size Groups:** 10 interns / 4 leaders

**Qualification:** HS diploma or higher, CPR Certified

**How to Apply:** Fill out an application from: changefire.org/medical_internship_application and email us the completed form. You will be notified within 5 business days if you are accepted into the program.

Questions? Contact us: info@changefire.org
(310) 869-5034 Los Angeles, CA
(979) 450-7450 Houston, TX
Itinerary

DAY 1 Orientation
Transportation will be provided from the airport and the adventure will begin in Belize City. Each volunteer will introduce themselves and discuss their assigned leadership role. These roles include but not limited to: Team Leader, Director of Health Education, Director of Finance, Excursion Coordinator, Program Development Director, etc. that will be assigned prior to departure based on your application. There will also be a brief discussion regarding the field of global health and the country’s healthcare system.

DAY 2 Corozal Town
After checking in at the hotel, you will have the opportunity to explore the town and experience its unique history and culture. You will also introduce yourselves to the doctors and staff at the hospital and volunteering will start the next morning. In the evening you will all receive training in Basic Emergency Medical Care (BEMC) which you will assist with teaching the curriculum to the community members.

DAYS 3-5 Corozal Hospital
You will begin your volunteering experience at the Corozal Hospital and be assigned to different doctors to shadow and assist throughout the week. Here, you will have the opportunity to acquire shadowing experience throughout various departments in the hospital and see substantial differences in the types of equipment and medications that must be used in rural Belize.

DAY 6 Teaching Basic Emergency Medical Care
ChangeFire will be hosting a Basic Emergency Medical Care (BEMC) class to the hospital staff and the community members of Corozal. This course covers information on how to properly perform life-saving emergency interventions for patients and victims in critical conditions. Volunteers who were trained on Day 2 will have the opportunity to assist the ChangeFire staff with teaching this course and acquire important skills in health education. ChangeFire will also be hosting an EMT course for the local ambulance drivers. All volunteers who are CPR certified will also have the chance to assist with instructing this course.

DAY 6 Mayan Ruins
After the BEMC class, we will hike towards the Mayan Ruins of Santa Rita. Archeologist say that this is the only remaining ruin of the ancient city of Chetumal that occupied the area from 2000 BC to 1530 AD. Along the way, you will stop at a local gift shop that sells hundreds of cheap Belizean art-work and souvenirs for you to take home.

DAY 7 San Pedro, Ambergris Caye
This will probably be one of the most memorable days of your life! Before you pack and leave for home, we will rent you a golf cart for you to explore the famous town of San Pedro and the beaches of Ambergris Caye. You will all have the opportunity to relax at the beach and participate in snorkeling or diving in the Caribbean waters.