ChangeFire Medical Internship is a program that provides opportunities in global healthcare service, adventure, and personal growth.

ChangeFire linked my passion for traveling with my career in medicine, and helped me develop a better understanding of healthcare conditions in underserved countries. I can’t recommend a better program to participate!
— Takashi, Texas A&M College of Medicine Class of 2017

This program has not only allowed me to experience new dimensions of healthcare, but it has also opened my eyes to different cultures. ChangeFire has helped me grow as an individual and impact underserved communities.
— Lena, University of California, Los Angeles Class of 2015

**Trip Overview**

**GLOBAL HEALTHCARE SERVICE**

Providing healthcare service abroad is at the heart of our program. Share your knowledge and develop your leadership and communication skills:

- **Education:** Teach proper techniques in providing basic emergency medical treatments to local school teachers and children.
- **Shadow Physicians:** Learn about how physicians treat their patients abroad while working alongside doctors in local hospitals.

**ADVENTURE**

Dive into the local culture and the incredible landscapes.

- **Safari:** Enjoy a 2-day safari with a variety of wildlife including lions, elephants, giraffes, zebras, monkeys, hippos, and over 400 species of birds!
- **Tribal Shops:** Shop through the hundreds of local tribal markets that sell various rare handcrafts and souvenirs
- **Arusha Town:** Explore the peaceful Tanzanian town of Arusha and experience its deep history and culture.

**PERSONAL GROWTH**

Learn how to immerse yourself into a brand new culture and broaden your view.

- **Homestay:** Live with a Tanzanian family at a local ChangeFire volunteer house.
- **Language:** Immerse yourself in the local language and learn basic terms in Swahili.
- **Food:** Cook traditional Tanzanian food with local ingredients

**Lifetime Skills, Qualities, and Experience**

Every volunteer has the opportunity to acquire the following experiences from this program:

- Leadership roles assigned for every volunteer
- Healthcare education/teaching experience
- Volunteer experience in underserved communities
- Global health development experience
- Cultural exchange opportunities
- Foreign language

**Length of Trip:** 14 days

**Community Service Credit:** 60 Hrs

**Date:** Saturday, December 21 – Friday, January 3

**Internship Cost:** $2,950 *Does not include flight*

**Average Size Groups:** 10 interns / 2 leaders

**Qualification:** HS diploma or higher, CPR Certified

**How to Apply:** Fill out an application from: changefire.org/medical_internship_application and email us the completed form. You will be notified within 5 business days if you are accepted into the program.

Questions? Contact us: info@changefire.org
(310) 869-5034 Los Angeles, CA
(979) 450-7450 Houston, TX
Itinerary

DAY 1 Orientation
We will provide transportation from the airport and begin our adventure in Arusha Town. We will gather as a group where each volunteer will discuss their assigned leadership role. These roles include but are not limited to: Team Leader, Director of Health Education, Director of Finance, Safari Coordinator, Program Development Director, etc. that will be assigned prior to departure based on your application.

DAYS 2-5 St. Elizabeth Hospital
After breakfast, you will begin Day 2 by introducing yourselves at St. Elizabeth Hospital and will be assigned to different doctors to shadow and assist throughout the week. Here, you will have the opportunity to acquire shadowing experience throughout various departments in the hospital and see substantial differences in the types of equipment and medications that must be used in Tanzania.

DAYS 6-7 Safari: Manyara National Park
This will probably be one of the most thrilling days of your life! On Saturday morning, you will hop on the ChangeFire Safari Jeep and depart for Manyara National Park. Once inside, you will see thousands of African animals roaming freely throughout the endless savannah. At night, you will reach a safe camp zone. ChangeFire leaders will build the tents and provide dinner. You will explore the Ngorogoro Crater the next day before returning to Arusha Town.

DAYS 8-9 Baraa Primary School
After your return from the Safari, you will visit Baraa Primary School in Moshono. Here, you will each have the opportunity to teach proper techniques for performing ChangeFire Basic Emergency Medical Care (BEMC) procedures to the local teachers and children. Although assisting doctors provide temporary help, providing basic education for treating medical emergencies can save lives even after you complete the program and return home. You will also have the chance to make presentations on proper hand washing techniques and other methods that promote a sanitary environment.

DAYS 10-13 Tengeru District Hospital
Work alongside doctors at the District Hospital, where you will immediately notice the under-staffed and under-equipped departments compared to those of St. Elizabeth Hospital. You will be able to experience the variation in the level of healthcare between a private hospital such as St. Elizabeth and a public hospital such as this one.

DAY 14 Arusha Town
Before you pack everything up, you will have the chance to visit a local tribal market. This market is often known as the Masaaï Market because there are hundreds of stores located side-by-side that sell artwork and souvenirs handcrafted by the local Masaii tribe. Learn how to make good deals with the store owners and bring home many rare gifts for your friends and family.